



# ENDOCRINE *Bay* CONFERENCE 2023

WAVE 2

6 OCTOBER 2023

CONVENTION CENTER  
FACULTY OF MEDICINE  
ALEXANDRIA UNIVERSITY

*Scientific*  
PROGRAM



# Welcome

On behalf of the Endocrinology Unit, Alexandria University  
We would like to welcome you to the 2<sup>nd</sup> Endocrine Bay.  
The conference is held on 6th of October 2023 at Convention Center Faculty of  
Medicine Alexandria University and will be covering interesting topics in  
Endocrinology, Diabetology and Lipidology.

Conference President

**Prof. Eman Azzam**

Head of Endocrinology Unit, Faculty of Medicine, Alexandria

Vice President

**Dr. Ahmed Abdelhameed Osman**

Scientific committee

**Dr. Marwa Salah**

**Dr. Samar Samy**

**Dr. Ahmed Alaa Abdelaziz**

*Thank you* TO OUR GENEROUS SPONSORS



# Speakers INSTRUCTIONS

## Congress halls will be equipped with:

A laptop with Microsoft Windows 11 and Microsoft Office 2019.  
Internet access will NOT be available inside the meeting rooms.

To ensure that the meeting progresses smoothly, please follow the following instructions:

- All presentations should be recorded on a USB flash memory (preferred) or CD-R.
- Please save presentations in PowerPoint 2007 or later format for PC.
- Upload your presentation early to the Audiovisual Center (RM Events) as we will load the presentations to the hard drive of our systems before the sessions by one hour.
- No personal laptops are permitted for presentations.
- In case you have problems with your presentation(s), please do not hesitate to contact the IT support team (RM Events).

Powered by:



Computerized  
**Count-Down  
TIMER**  
will monitor speakers' time

So make sure to present during the given time,  
as **NO EXTRA TIME IS ALLOWED**



# Friday 6 OCTOBER

09:00 - 10:00 REGISTRATION

10:00 - 11:30 REPRODUCTIVE ENDOCRINOLOGY SESSION

Chairpersons: Manal Sweilam, Rawhya El-Essawy  
Samir Naim Assaad

10:00 - 10:30 PCOs syndrome: An update  
**Soheir Said**

10:30 - 11:00 PCOs: OB/GYN perspective  
**Tarek Karkour**

11:00 - 11:15 Menopause: Managing the VMS  
**Marwa Ahmed Salah**

11:15 - 11:30 Discussion

**11:30 - 12:30 OBESITY AND DYSLIPIDEMIA SESSION**

Chairpersons: Eman Azzam, Mohamed Nabil Atta, Nagwa Lachine

11:30 - 11:45 Weight regain after GLP1A cessation  
**Samir Naim Assaad**

11:45 - 12:00 Marcyrl symposium: Management of  
dyslipidemia for diabetic patients  
**Ahmed Abdelhameed**

**BIOFACTOR**



12:00 - 12:15 DM and MAFLD  
**Eman Azzam**

12:15 - 12:30 **Discussion**

**12:30 - 14:00 COFFEE BREAK AND PRAYER**



# Friday 6 OCTOBER

14:00 - 15:00

## PITUITARY SESSION

Chairpersons: Aly Abassy, Rawhya El-Essawy, Soheir Said

14:00 - 14:15

Central hypothyroidism  
**Aliaa Elaghoury**

14:15 - 14:30

Resistant prolactinomas  
**Samar Mohamed Samy**

14:30 - 14:45

Surgical approaches for pituitary disease  
**Mahmoud Abbassy**

14:45 - 15:00

**Discussion**

**15:00 - 16:00      DIABETES SESSION**

Chairpersons: Khalifa Abdallah, Marwa Ahmed Salah  
Tamer Elsherbiny

15:00 - 15:15

AstraZeneca symposium: Forxiga ppt:  
FORXIGA..United for CVRM patients  
**Kamel Hemada**



15:15 - 15:30

AstraZeneca symposium: Xigduo start early,  
Control forward  
**Eman Azzam**

15:30 - 15:45

Insulin resistance .. The key for most of the chronic diseases  
**Mohammad Kamal Ghitany**

15:45 - 16:00

**Discussion**



# Friday 6 OCTOBER

16:00 - 17:00

## CASES SESSION

Chairpersons: Alaa Abdelsalam, Amira Badawy  
Samar Mohamed Samy

16:00 - 16:15

Case 1  
**Mona Aboul-Seoud**

16:15 - 16:30

Case 2  
**Tamer Elsherbiny**

16:30 - 16:45

Case 3  
**Ahmed Abdelhameed**

16:45 - 17:00

**Discussion**



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Organizing office in charge  
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SCAN FOR  
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