



### FNDOCRINE Say-CONFERENCE 2023

10 MARCH 2023



HOTEL & CONFERENCE CENTER

ALEXANDRIA

**SCIENTIFIC PROGRAM** 





# Welcome

On behalf of the Endocrinology Unit, Alexandria University We would like to invite you to the 1<sup>st</sup> Endocrine Bay.

The conference will be held on 10<sup>th</sup> of March 2023 in Mirage, Smouha and will be covering interesting topics in Endocrinology, Obesity, Diabetology and Lipidology.

**Conference President** 

**Prof. Eman Azzam** 

Head of Endocrinology Unit, Faculty of Medicine, Alexandria

**Organising Committee** 

Dr. Marwa Ahmed Salah Dr. Ahmed Abdelhameed Osman Dr. Samar Samy Gad Dr. Ahmed Alaa Abdul-Aziz



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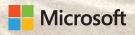
#### Congress halls will be equipped with:

A laptop with Microsoft Windows 11 and Microsoft Office 2019. Internet access will NOT be available inside the meeting rooms.

To ensure that the meeting progresses smoothly, please follow the following instructions:

- All presentations should be recorded on a USB flash memory (preferred) or CD-R.
- Please save presentations in PowerPoint 2007 or later format for PC.
- Upload your presentation early to the Audiovisual Center (RM Events) as we will load the presentations to the hard drive of our systems before the sessions by one hour.
- No personal laptops are permitted for presentations.
- In case you have problems with your presentation(s), please do not hesitate to contact the IT support team (RM Events).





09:30	REGISTRATION
09:50 - 10:00	OPENING CEREMONY
	Eman Azzam
10:00 - 11:00	SESSION 1: DYSLIPIDEMEA
	Chairpersons: Azza Abdel Kareem, Eman Youssef, Magdy Helmy
10:00 - 10:30	Dyslipidemia in hypothyroidism Mona Aboul-Seoud
10:30 - 10:45	LDL lowering therapy beyond statin Wael Emad
10:45 - 11:00	Optimal management of dyslipidemia Caring for life.
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11:00 - 12:00 **SESSION 2: OBESITY** Chairpersons: Aly Abassy, Mohamed Nabil Atta, Rawheya El-Essawy, Soheir Said 11:00 - 11:15 Hormonal control of appetite from basics to clinical practice Samir Naim Assaad 11:15 - 11:30 Inflammatory foods **Mohammad Kamal Ghitany** 11:30 - 11:45 Bariatric surgery: Endocrinal changes **Samar Mohamed Samy** Liraglutide: Obesity and your patient novo 11:45 - 12:00 **Eman Azzam** 

**PRAYER TIME & COFFEE BREAK** 





13:00 - 13:45

13:15 - 13:30

**SESSION 3: DIABETES I** 

Chairpersons: Ahmed Gamal, Ali Abdelrehim, Mohammad Kamal Ghitany

The maximum power with proven protection Boehringer Ingelheim 13:00 - 13:15 **Eman Azzam** 

IDegAsp: Reshaping insulin for safe Ramadan fasting novo nordisk **Ahmed Abdelhameed Osman** 

13:30 - 13:45 Oral semaglutide in clinical practice novo nordisk Samir Naim Assaad





13:45 - 14:45	SESSION 4: THYROID NODULES

<u>Chairpersons:</u> Ahmed Hafez Afifi, Samir Naim Assaad, Tarek Koraitim

13:45 - 14:15 Thermal ablation of thyroid nodules
Soheir Said

14:15 - 14:30 US-Guided ablation of thyroid nodules
Ahmed Kassem

14:30 - 14:45 Surgical perspectives of thyroid nodules ablation

Moustafa Farag





14:45 - 15:45	SESSION 5: DIABETES II
1	<u>Chairpersons:</u> Aly Abassy, Fahmy Emara, Talaat Abd Elaaty, Yehia Ghanem
14:45 - 15:00	Overview of insulin pump therapy Wael Emad
15:00 - 15:15	Intensifying injectable therapies Sanofi Eman Azzam
15:15 - 15:30	SUs & SGLT2ls within Ramadan recommendations <b>Sanofi</b> Samir Naim Assaad
15:30 - 15:45	Discussion (New insights in diabetes)  Ahmed Gamal
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15:45 - 16:45	SESSION 6: RARE ENDOCRINE PRESENTATIONS
1	<u>Chairpersons:</u> Mohammad Kamal Ghitany, Rawheya El-Essawy, Samir Naim Assaad
15:45 - 16:00	Bilateral adrenal masses  Marwa Ahmed Salah
16:00 - 16:15	Atypical thyrotoxicosis Ahmed Abdelhameed Osman
16:15 - 16:30	One weapon, three targets, or even more!!  Ahmed Alaa Abdul-Aziz
16:30 - 16:45	Discussion
16:45	LUNCH
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#### RM EVENTS

Address: Suite 301, Level 3, Nassar Tower, 1 Mostafa Kamel Street, Roushdy Phone: +20 35226738, +20 35226572

Mobile: +2012-23925628, +2012-75580666

E-mail: conferences@rmsolutions.net Web:

www.rm-events.org